



20%DISCOUNT
ON ORDERS COLLECTED

FREE DELIVERY
WITHIN A 2 MILE RADIUS
ON ORDERS OF £15 OR MORE

TAKE AWAY MENU

TEL. 020 7515 3378 / 3379

WWW.BENGALQUAY.COM



STARTERS

ONION BHAJI	£3.50
VEGETABLE SAMOSA	£3.50
MEAT SAMOSA	£3.95
ALOO CHAT	£3.95
Potato and chickpeas	
CHICKEN TIKKA	£4.25
LAMB TIKKA	£4.25
SHEEK KEBAB	£4.25
Minced lamb	
CHICKEN CHAT	£4.50
Chicken and chickpeas	
PANEER TIKKA	£4.95
PRAWN PURI	£4.95
Spicy shrimps in fried puri bread	
VEGETABLE MIXED STARTER	£4.95
Paneer tikka, vegetable somosa, onion bhaji	
CHICKEN MOMO	£5.50
Minced chicken cooked in butter with fresh onions and coriander	
KING PRAWN PURI	£5.95
Spicy king prawn in fried puri bread	
TANDOORI KING PRAWN	£5.95
MIXED STARTER	£5.95
Chicken tikka, sheek kebab, vegetable samosa and onion bhaji	





SIMPLY INDIAN

CHICKEN MADRAS (fairly hot).....	£7.95
Cooked in a hot South Indian curry	
CHICKEN BHUNA (medium).....	£7.95
LAMB MADRAS (fairly hot).....	£8.50
Cooked in a hot South Indian curry	
LAMB BHUNA (medium).....	£8.50
CHICKEN KORAI (medium).....	£8.50
Pieces of chicken cooked in spices and tossed in an iron wok	
LAMB KORAI (medium).....	£8.50
Pieces of lamb cooked in spices and tossed in an iron wok	
CHICKEN DANSAK.....	£8.50
Hot, sweet, and sour with lentils	
CHICKEN KORMA (very mild and sweet).....	£8.95
LAMB ROGAN.....	£8.95
LAMB SAAG.....	£8.95
Lamb and spinach	
CHICKEN JALFREZI.....	£8.95
Chicken cooked in fresh herbs and green chillies with hot spices	
GARLIC CHILLI CHICKEN.....	£9.50
Fairly hot with lots of garlic and fresh chillies	
BALTI CHICKEN.....	£9.50
Fairly hot dish, cooked with onions, green peppers, tomatoes and a special blend of balti spices.	
LAMB PASANDA (very mild and sweet).....	£9.95
Tender slice of lamb with almonds and cashew nuts	
CHICKEN TIKKA MASSALA (mild).....	£9.95
Chicken tikka in spiced tomato curry with clotted cream	

FISH DISHES

PRAWN BHUNA.....	£8.50
Prawn cooked with flavoured spices	
PRAWN KORAI.....	£8.95
Prawns cooked in medium hot sauce with green peppers	
KING PRAWN MADRAS (fairly hot).....	£12.95
KING PRAWN JALFREZI.....	£12.95
Fairly hot with fresh green chillies.	
KING PRAWN KORAI.....	£12.95



TANDOORI DISHES

All tandoori dishes are cooked in the constant flame of charcoal in the oven, thus obtaining the highly delicate flavour and taste of the dishes, served with salad

CHICKEN TIKKA.....	£8.95
Boneless piece of chicken marinated in spices, skewered and cooked in a clay oven	
LAMB TIKKA.....	£8.95
Piece of lamb marinated in spices, skewered and cooked in a clay oven	
TANDOORI CHICKEN.....	£8.95
Chicken marinated overnight in spices and yogurt and then cooked in a clay oven and served with a fresh salad	
CHICKEN SHASLICK.....	£10.95
Tender pieces of chicken marinated in freshly ground aromatic herbs and spices, barbecued with onion capsicum and tomatoes	
TANDOORI KING PRAWNS.....	£14.95
King size prawns spiced and cooked in a clay oven	
TANDOORI MIX GRILL.....	£14.95
An assorted tandoori platter cooked in a clay oven and served with green salad	

BIRYANI DISHES

An aromatic dish cooked with pilau rice and served with a vegetable curry

VEGETABLE BIRYANI.....	£9.95
CHICKEN BIRYANI.....	£11.95
LAMB BIRYANI.....	£11.95
CHICKEN TIKKA BIRYANI.....	£12.95
BENGAL MIX BIRYANI.....	£14.95
A blend of chicken, lamb and tandoori king prawns.	

20%DISCOUNT
ON ORDERS COLLECTED
OVER £10.00 VALUE



CHEF'S RECOMMENDATIONS

BUTTER CHICKEN	£9.95
Prepared in butter cream, nuts and mild sweet sauce	
CHICKEN REZALLA	£9.95
Pieces of chicken tikka cooked in a hot and slightly tangy sauce, made with fresh green chillies, coconut powder.	
LAMB REZALLA	£10.95
Pieces of lamb tikka cooked in a hot and slightly tangy sauce, made with fresh green chillies, coconut powder and tomato.	
RAJASTHANI LAMB SWETA	£10.95
Hot and spicy diced lamb and corn curry	
CHICKEN HYDRABADE	£10.50
Cooked with chef's own special recipe	
LAMB HYDRABADE	£10.95
Cooked with chef's own special recipe	
KARAKI LAMB	£10.95
Cooked with chef own special recipe. Flown out to Beverly Hills at the request of Playboy owner Hugh Hefner	
MANCHURIAN CHICKEN (medium hot)	£10.95
LAMB BADAMI	£12.95
Tender lamb simmered in cashew nuts and flavoured with saffron, finished with a dash of yoghurt	
KING PRAWN SUPREME	£14.95
Grilled king prawns with onions and lime in a spicy curry	



FREE DELIVERY

WITHIN A 2 MILE RADIUS
ON ORDERS OF £15.00 OR MORE
ORDERS UNDER £15.00 INCURE
£2.00 DELIVERY CHARGE



VEGETABLE MAIN DISHES

VEGETABLE CURRY	£6.95
Mixed vegetables in a medium curry sauce	
SHABNAM CURRY	£7.95
Mushroom, peas and paneer curry	
VEGETABLE JALFREZI (hot).....	£7.95
PANEER TIKKA KORAI.....	£9.50
PANEER MAKHANI (sweet).....	£9.50
Indian cheese cooked with creamy butter sauce	
GARLIC CHILLI PANEER (hot).....	£9.50


SIDE DISHES

ONION BHAJI.....	£3.25
VEGETABLE CURRY OR DRY VEGETABLE.....	£4.50
FRESH BHINDI BHAJI.....	£4.50
Okra with fried onions	
SAG BHAJI.....	£4.50
Fresh spinach boiled and tempered with onion and garlic	
MUSHROOM BHAJI.....	£4.50
ALOO GOBI.....	£4.50
Potatoes cooked with cauliflower and ginger	
BOMBAY ALOO.....	£4.50
Potatoes with tomatoes and cumin	
DAL TARKA.....	£4.50
Lentils tempered with onions and garlic	
CHANA MASALA.....	£4.50
Chickpeas	
SAG ALOO.....	£4.50
Spiced potatoes with spinach	
TIL BAIGAN.....	£4.50
Diced aubergine massala with sesame	
SAG PANEER.....	£4.50
Paneer cheese and spinach	

Food allergies and intolerance
before ordering please speak to us about your requirements

All major cards accepted • Cheques accepted with a valid card endorsement • All prices inclusive of VAT
Any dishes not on the menu can be prepared on request • The management reserves the right of admission and service

A 12.5% service charge will be added to your bill






RICE

BOILED RICE	£2.50
PILAU RICE	£2.95
SPECIAL FRIED RICE	£3.95
BENGAL RICE	£3.95
Garlic and chicken	
LEMON RICE	£3.95
NARIAL RICE	£3.95
Coconut	
MUSHROOM RICE	£3.95
VEGETABLE RICE	£3.95

BREADS

PLAIN NAN	£2.50
KEEMA NAN	£3.50
Stuffed with minced meat	
PESHWARI NAN	£3.50
Almond paste and fruit	
GARLIC NAN	£3.50
CHEESE NAN	£3.50
CHILLI NAN	£3.50
PARATHA	£3.50
Whole wheat flaky bread	
TANDOORI ROTI	£3.50
CHAPATI	£2.25
PAPADOM	£0.75
plain or spiced	
CHUTNEY RELISHES	£1.00



Our vision here at BENGAL QUAY is to offer superb Indian Cuisine in a comfortable and friendly environment, served by caring and experienced staff. Here's what some of the leading specialist papers say about us:

"Indian restaurants don't come any hotter than the Bengal Quay"
The Wharf

"If wharferers can sneak away to the Bengal Quay it will be worth the walk"
Eating Out

"Never has a restaurant complemented its surrounding so well. Bengal Quay is classy and comfortable"
Restaurant Review



Free parking situated in front of restaurant (telephone for details)



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