



 BENGAL
QUAY
INDIAN RESTAURANT



STARTERS

ONION BHAJI	£3.50
VEGETABLE SAMOSA	£3.95
MEAT SAMOSA	£4.75
ALOO CHAT Potato and chickpeas	£4.50
CHICKEN TIKKA	£4.75
LAMB TIKKA	£5.50
SHEEK KEBAB Minced lamb	£5.50
CHICKEN CHAT Chicken and chickpeas	£4.95
PANEER TIKKA	£5.50
PRAWN PURI Spicy shrimps in fried puri bread	£5.50
VEGETABLE MIXED STARTER Paneer tikka, vegetable somosa, onion bhaji	£5.50
CHICKEN MOMO (J.Elison favourite) Minced chicken cooked in butter with fresh onions and coriander wrapped with puri	£5.95
KING PRAWN PURI Spicy king prawn in fried puri bread	£6.95
TANDOORI KING PRAWN 3 pieces	£9.95
MIXED STARTER Chicken tikka, sheek kebab, vegetable samosa and onion bhaji	£6.95
IMLI SCALLOPS Scallops seared with tamarind chutney	£7.95
TANDOORI LAMB CHOPS 2 pieces	£6.95



All major cards accepted • Cheques accepted with a valid card endorsement • All prices inclusive of VAT
Any dishes not on the menu can be prepared on request • The management reserves the right of admission and service

A 12.5% service charge will be added to your bill

Food allergies and intolerance: Before ordering please speak to us about your requirements



SIMPLY INDIAN

CHICKEN MADRAS (fairly hot)	£8.50
Cooked in a hot South Indian curry	
CHICKEN BHUNA (medium)	£8.50
LAMB BHUNA (medium)	£9.50
LAMB MADRAS (fairly hot)	£9.50
Cooked in a hot South Indian curry	
LAMB VINDALOO	£9.50
CHICKEN KORAI (medium)	£8.95
Pieces of chicken cooked in spices and tossed in an iron wok	
LAMB KORAI (medium)	£9.95
Pieces of lamb cooked in spices and tossed in an iron wok	
CHICKEN DANSAK	£8.95
Hot, sweet, and sour with lentils	
CHICKEN KORMA (very mild and sweet)	£9.50
LAMB ROGAN	£9.95
LAMB SAAG	£9.95
Lamb and spinach	
CHICKEN JALFREZI	£9.95
Chicken cooked in fresh herbs and green chillies with hot spices	
CHICKEN PATHIA	£8.95
CHICKEN TIKKA MASSALA (mild)	£10.95
Chicken tikka in spiced tomato curry with clotted cream	

FISH DISHES

PRAWN BHUNA	£8.50
Prawn cooked with flavoured spices	
PRAWN KORAI	£8.95
Prawns cooked in medium hot sauce with green peppers	
KING PRAWN MADRAS (fairly hot)	£15.95
KING PRAWN JALFREZI	£16.95
Fairly hot with fresh green chillies	
KING PRAWN KORAI	£16.50
BENGAL FISH BHUNA	£12.95
Fairly hot cooked in Bengali style.	





TANDOORI DISHES

All tandoori dishes are cooked in the constant flame of charcoal in the oven, thus obtaining the highly delicate flavour and taste of the dishes, served with salad

CHICKEN TIKKA	£9.50
Boneless piece of chicken marinated in spices, skewered and cooked in a clay oven	
LAMB TIKKA	£10.95
Piece of lamb marinated in spices, skewered and cooked in a clay oven	
TANDOORI CHICKEN	£9.50
Chicken marinated overnight in spices and yogurt and then cooked in a clay oven and served with a fresh salad	
CHICKEN SHASLICK	£11.95
Tender pieces of chicken marinated in freshly ground aromatic herbs and spices, barbecued with onion capsicum and tomatoes	
SALMON SHASLICK	£15.95
Salmon marinated in freshly ground aromatic herbs and spices, barbecued with onion capsicum and tomatoes	
TANDOORI LAMB CHOPS (5 pieces)	£16.95
TANDOORI KING PRAWNS (5 pieces)	£16.95
King size prawns spiced and cooked in a clay oven	
TANDOORI MIX GRILL	£15.95
An assorted tandoori platter cooked in a clay oven and served with green salad 2 lamb tikka, 2 chicken tikka, 1 tandoori chicken, 1 seekh kebab, 1 king prawn	

BIRYANI DISHES

An aromatic dish cooked with pilau rice and served with a vegetable curry

VEGETABLE BIRYANI	£10.95
CHICKEN BIRYANI	£11.95
LAMB BIRYANI	£12.95
CHICKEN TIKKA BIRYANI	£12.95
BENGAL MIX BIRYANI	£14.95
A blend of chicken, lamb and prawns.	





CHEF'S RECOMMENDATIONS

BUTTER CHICKEN	£10.95
Prepared in butter cream, nuts and mild sweet sauce	
CHICKEN REZALLA	£10.95
Pieces of chicken tikka cooked in a hot and slightly tangy sauce, made with fresh green chillies, coconut powder.	
LAMB REZALLA	£12.95
Pieces of lamb cooked in a hot and slightly tangy sauce, made with fresh green chillies, coconut powder and tomato.	
CHICKEN HYDRABADE (mild)	£11.50
Cooked with chef's own special recipe Greek honey yogurt and mint	
KARAKI LAMB (medium)	£12.95
Cooked with chef own special recipe. Flown out to Beverly Hills at the request of Playboy owner Hugh Hefner cooked with lemon grass, lime leaves and shallot onion	
MANCHURIAN CHICKEN (fairly hot)	£11.95
KING PRAWN SUPREME	£17.95
Grilled king prawns with onions and lemon grass in a spicy curry sauce	
GARLIC CHILLI CHICKEN (fairly hot)	£9.95
Lots of garlic and fresh chillies	
BALTI CHICKEN (fairly hot)	£9.95
Cooked with peppers, tomatoes and a blend of balti spices.	
LAMB NAGA (fairly hot)	£10.95
Lamb cooked in naga spices	





VEGETABLE MAIN DISHES

VEGETABLE CURRY	£7.95
Mixed vegetables in a medium curry sauce	
SHABNAM CURRY	£8.95
Mushroom, peas and paneer curry	
VEGETABLE JALFREZI (hot)	£8.95
PANEER TIKKA KORAI	£10.95
PANEER MAKHANI (sweet)	£10.95
Indian cheese cooked with creamy butter sauce	
GARLIC CHILLI PANEER (hot)	£10.95

SIDE DISHES

ONION BHAJI	£3.25
VEGETABLE CURRY OR DRY VEGETABLE	£4.50
BHINDI BHAJI	£4.95
Okra with fried onions	
SAG BHAJI	£4.50
Fresh spinach boiled and tempered with onion and garlic	
MUSHROOM BHAJI	£4.95
ALOO GOBI	£4.50
Potatoes cooked with cauliflower and ginger	
BOMBAY ALOO	£4.50
Potatoes and cumin	
DAL TARKA	£4.50
Lentils tempered with onions and garlic	
CHANA MASALA	£4.95
Chickpeas	
SAG ALOO	£4.50
Spiced potatoes with spinach	
BRINGAL BHAJI	£4.95
Diced aubergine massala with seasame	
SAG PANEER	£4.95
Paneer cheese, spinach and cream	





RICE

BOILED RICE	£2.75
PILAU RICE	£3.25
SPECIAL FRIED RICE	£4.50
BENGAL RICE <i>Garlic and chicken</i>	£4.50
LEMON RICE	£4.50
NARIAL RICE <i>Coconut</i>	£4.50
MUSHROOM RICE	£4.50
VEGETABLE RICE	£4.50

BREADS

PLAIN NAN	£2.95
KEEMA NAN <i>Stuffed with minced meat</i>	£3.95
PESHWARI NAN <i>Almond paste and fruit</i>	£3.95
GARLIC NAN	£3.95
CHEESE NAN	£3.95
CHILLI NAN	£3.95
PARATHA <i>Whole wheat flaky bread</i>	£3.95
TANDOORI ROTI	£3.95
CHAPATI	£2.50
PAPADOM <i>plain or spiced</i>	£0.75
CHUTNEY RELISHES <i>per person</i>	£0.75





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